

## **East Sussex Fire & Rescue Service Angling Safety Tips**

Check the forecast and weather conditions before you go.

Make sure you let someone know where you are going to fish.

Make sure you know exactly where you are - consider something like an OS locate app for a smartphone or a map.

Take a fully charged mobile phone and check signal strength, know how to use it and who to call in an emergency.

Double check your fishing spot as river banks can erode, which can make them give way without warning.

If you are allowed to wear waders always check depth with a long pole and wear a life jacket.

Never go out in a boat wearing waders or without wearing a life jacket, make sure the life jacket is the right size to keep you afloat.

